

## Child Checklist of Characteristics

Name of child: Date:/	
Age:	
☐ Angry, often irritable, easily angered	
☐ Conflicts with parents over breaking rules, chores, homework, grades, choices	
☐ Dissatisfied with body, weight	
☐ Distractible, inattentive, can't concentrate, daydreams, slow to respond	
□ Low confidence	
☐ Fearful, anxious, cries	
☐ Fighting, hitting, violent, aggressive, hostile, provokes, threatens, destructive	
☐ Isolates, likes to be alone, withdraws, does not socialize	
☐ Nervous, tense, worries excessively, startles easily	
☐ Overactive, restless, hyperactive, out-of-seat behaviors, restlessness, fidgety, noisy	
☐ Recent move, new school adjustment, loss of friends	
□ Runs away	
☐ Sad, unhappy, down, often blue, tearful, cries	
☐ School problems: Grades, attendance, class cutting, failing out of school	
☐ Shy, timid, refuses to speak	
☐ Sleep difficulties, bedtimes, excessive sleep, sleep walking, nightmares	
☐ Suicide talk or attempt	
☐ Scratches or picks at skin	
☐ Teased, picked on, victimized, bullied	
☐ Violent, breaks things, hurts others, temper tantrums, rages	
☐ Wetting or soiling the bed or clothes	
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